

SOURIS SCHOOL NEWSLETTER

<http://schools.shmb.ca/sci>.

Number 3, October 14, 2016

**REMINDER – NO CLASSES
FRIDAY, OCTOBER 21st
Province Wide PD Day
Monday, October 24th is a Day 1**

**IT'S FRIDAY!
PLEASE CHECK YOUR CHILDREN
FOR HEAD LICE. IF THERE ARE
ANY SIGNS OF LICE, YOU CAN
TREAT IT OVER THE WEEKEND.
THANK YOU IN ADVANCE FOR
YOUR
CO-OPERATION IN THIS
MATTER.**

NEWS FROM MR. WILLIAMS

Hi, everyone.

It appears we are going to be in for a decent weekend of weather. This is a perfect opportunity to send out the children to finish up all the yard work.

Congratulations to the Rugby 7's team whom, for the 4th consecutive year, won the Rugby 7's league. Great job, ladies.

With that in mind, I would like to take this time to acknowledge all the coaches and managers of our sports teams. Presently, at Souris School, we have both male and female students participating in volleyball at the middle years, junior varsity and varsity levels, rugby at all levels, male students in football and hockey at the varsity level. A very conservative estimate would be that we have 150+ students taking advantage of the opportunities that are being provided to them. Whether you are a staff member or a community member, the time, the energy, and the commitment you

display are greatly appreciated. Without volunteers these sports would not occur and these students would not have a program to be involved in.

I would also like to acknowledge the parents who spend numerous hours on the road and numerous dollars paying for fees, food, and drink. Thank you for providing your children a chance to participate in these activities. Many life lessons are learned on the pitch, on the court, on the ice, or in the field.

Lastly, I would like to acknowledge our students who consistently display positive attitudes and good sportsmanship. Each time you participate in these activities you act as ambassadors of our school and our community. Please continue to do a wonderful job representing Souris School and the community of Souris.

Have a great weekend.

LIFETOUCH PICTURES

We received the pictures back this week and they have all been handed out. If you choose to order pictures you can do so online or if using a paper order please have them handed back into the school by October 20th.

Retake day is Wednesday, November 9th.

THANK YOU FROM THE SOURIS BEAUTIFICATION COMMITTEE

Special thanks to Kendra Roberts, Cassidy Gordon, Chaz Will, Parker Janz, Aly Kowalchuk and Lisa Gohl for taking the hanging baskets down.

LEFT BEHIND FROM THE LITERACY PROGRAM THIS SUMMER

There was a girls straw hat and girls blue and beige sweater left in the library from the Summer Literacy program. If they belong to you, please stop by the office and pick them up.

PARENT ADVISORY COUNCIL

PAC Update - submitted by Mandy Armstrong, PAC President

The first Parent Advisory Council meeting of the 2016-17 school year was held on Monday, October 3. Topics discussed included changes to the school grounds and landscaping, school planning, and the microwave program.

Plans for the upcoming months include participation in the upcoming School Division Strategic Planning session, hosting a parent information session about Restitution and an Early Years Education workshop, and meetings with division representatives, including Superintendent Carolyn Cory.

Thank you to all parents who completed and sent in the PAC information letter. This helps us share information with you and we appreciate your interest and your willingness to volunteer. Parents who indicated that they would like an Executive member to contact them can expect to hear from us in the next couple of weeks.

The next regular meeting will be held on November 7th, 7pm at the school. Everyone is welcome, and all parents of Souris School students are voting members.

CULINARY ARTS

As most of you know this year marks the first year that Souris School has a Culinary Arts program! This course has been offered to Grade 7 and 8 students. We are asking for your help. With the launch of a brand new course come a lot of expenses and our kitchens are currently lacking certain items that we need. If anyone has any kitchen related items that they would be willing to donate to our program it would be greatly appreciated! We are mostly in search of plates, cutlery, knives, bowls, and aprons. Any other items you could donate would also be accepted and appreciated! Thanks so much!

•Ms. Z.

"BAG UP SOURIS!



This October Souris School is collecting plastic bags in an effort to divert them from landfills. Please remember to start saving your bags. You may bring them to the school beginning October 1st. These bags will then be counted, picked up at school by the Gardewine Group and shipped by Safeway Canada to Trex for recycling.

The more bags collected, the better our chances of receiving a Trex bench made from recycled bags! Spread the word to family and friends and let's "Bag Up" for the environment! ☺ Thank you!

**Your environment, the Make Change Class
&
Social Justice Fighters of Souris School**



FOOTBALL

THANK YOU FROM THE SABRES

The Southwest Sabres Football Team were over whelmed with the support they received during scarecrow weekend.

Saturday was designated as the Sabres fundraising day. The day kicked off with a team built yard sale, crowds were plentiful as people were out looking for a great deal. Well, the Sabres had a deal for everyone enabling the team to make a profit of \$675.00.

Next on the fundraising agenda was the meat draw at Murphy's Lounge. The Lounge was a buzzing as every seat in the place was filled. The large crowd was full of awesome supporters as the Sabres left there with a \$1700 paycheque .

The Sabres would like to send out a special "Thank You" to Barb and Sean Murphy for being such great hosts for this event. This money will be put towards the purchase of equipment for the safety of the players. The football programs cost to suit up a player is approx. \$800. A helmet \$400, shoulder pads \$280, jersey \$75, pants \$40. This equipment is owned by the program . The player pays the club a \$250 fee plus is responsible for purchasing their own, girdle, cleats and mouth guard. On top of equipment the program is responsible for travel costs, painting lines on field (\$300 per year) refs for one game approx. \$300 x 3 home games and additional field maintenance expenses.

The Southwest Sabres thank everyone for their support

On October 5th the Southwest Sabres defeated the Virden Golden Bears by a score of 40-6. This puts the team tied for second place. Daniel Wurtz led with TD's, singles were added by Zach Hodgson, Cole Thomas, Alex Kirkpatrick and Kyle Campion Defence led by Dawson Sobry with 9 tackles and 3 assisted tackles. Aiden Murphy had 6 tackles, 1 assisted and 2 fumble recoveries.

•Sandra Vinck, Manager

SOURIS SABRES FOOTBALL UPCOMING GAMES

Friday, October 14th
Southwest @ Neepawa

Wednesday, October 19th
Southwest @ Dauphin

Saturday, October 29th
Semi Finals

Saturday, November 5th
Finals

All home games start @ 4:30 at the Souris School.

Come out and cheer on your Southwest Sabres!

RUGBY



Back Row L-R: Janelle Eastman, Parker Janz, Cassie Henderson, Katie, Goldrich-McFaul, Kendra Roberts, Kayla Kirkpatrick, Harleigh Renwick, Shae-Lynn Davies

Front Row L-R: Jenna Farmer, Allyssa Cloet, Carla Gutierrez, Alaina Lobreau

The Varsity Girls Rugby 7s team traveled to Dauphin Monday, October 3rd looking to secure their 5th straight Rugby 7s League title.

The Sabres didn't disappoint as they went on to win all five of their games including a close 7-0 victory over their rival the Dauphin Clippers.

The girls pulled out the win in extremely wet and cold weather conditions. The Sabres finished the season with 14 wins and 1 loss beating out the Clippers by two points. Congratulations Sabres!!

AVALON THEATRE

SULLY - October 14th - 16th

Rated: PG 13 (not recommended for young children) 96 min., Biography, Drama

Stars: Tom Hanks, Anna Gunn, Laura Linney

The story of Chesley Sullenberger, who became a hero after gliding his plane along the water in the Hudson River, saving the entire airplane Flight 155 crew and passengers.

BRIDGET JONES BABY- Oct. 21st - 23rd

Rated: 14-A, 125 min., Comedy, Romance

Stars: Renee Zellweger, Patrick Dempsey, Emma Thompson

The continuing adventures of British publishing executive Bridget Jones as she enters her 40s.



COMING EVENTS

October

21 Provincial Wide PD-NO CLASSES

November

7 PAC Meeting-7:00 p.m.

9 Picture Re-Take Day
11 Remembrance Day-NO CLASSES
14 Admin Day - NO CLASSES
25 Admin Day - NO CLASSES

December

22 Last day of classes before Christmas Break
23 Christmas Break begins

January

9 First day of classes after Christmas Break

KAPPA'S 9th ANNUAL KICK OFF TO KRISTMAS

Friday, November 4th, Souris Community Hall
6:30 - 10:00 pm, Entertainment at 8:00 pm
Purchase tickets before Oct. 30th-\$15
After Oct. 30th - \$20, No Minors,50/50 cash draw

Tickets available at Timeless Treasures & Plaza Petal. To reserve your table call Jackie at 204-720-456

SOURIS YOUTH GROUP @ FAITH COMMUNITY BAPTIST CHURCH

Starting October 12th there will be 2 age groups.

Grades 7 -10 meeting Wednesdays 6:30 - 8:30. Most weeks will comprise games, snack, activities and a short lesson.

Grade 11/12 and College/Career age Wednesdays 7:30 -9:30. Each week there will be an opportunity for fellowship and snack as well as a lesson. Both groups also participate in many fun activities such as Bigger and Better, Rake and Run, Youth Quake and TMBC camp clean up.

If you would like more information please contact Belinda @ 204-741-0210

SOURIS MINOR HOCKEY REGISTRATION

SMH is accepting registrations for the upcoming season. Practices are twice a week and start mid October. For information on

how to register please email
smh.sourisminorhockey@gmail.com or for
additional information contact Roxanne at
[204-483-2225](tel:204-483-2225)

SOURIS VALLEY RECREATION

Please call Carole 204 483-5214 or
email svrc@mymts.net to register

We appreciate pre-registration for all our
programs. Classes may be cancelled if not
enough participants.

Drums Alive

Instructor: Bev McGregor
Thursdays, September 15 – October 20
7:00 pm – 8:00 pm
Souris & Glenwood Memorial Complex
Cost: \$60 for 6 sessions or \$14 drop in

Zumba

Instructor: Meagan Perkin
Mondays September 19 – December 5
(No Class October 31st) 6:00 pm – 7:00 pm
Souris Community Hall 7:30 pm – 8:30 pm
Alexander – Location TBA
Cost: \$110 for 10 sessions or \$14 drop in

Must have 10 participants for program to
run

Women's Fitness Program

Outperforme Athletics
Wednesdays, September 21–November 23
7:00 pm – 8:00 pm
Souris & Glenwood Memorial Complex
Cost: \$95 for 10 sessions or \$14 drop in
10 participants needed

Men's Fitness Program

Outperforme Athletics
Wednesdays, September 21–November 23
8:00 pm – 9:00 pm
Souris & Glenwood Memorial Complex
10 participants needed

Gymnastics

Instructor: Krista Clayton
Tuesdays, October 4–November 29
(No Class on October 18 or November 1)
Grade 4+ 4:15 pm – 5:15 pm \$65
18 months – 3 years (with parent)
5:15pm – 5:45pm \$45
4 years – Kindergarten
5:45 pm – 6:30 pm \$55
Grade 1–3 6:30 pm – 7:15 pm \$55
Souris & Glenwood Community Hall

First Shift Hockey Program

All equipment supplied (yours to keep) plus 6
ice sessions

Welcome Event Saturday, October 22
Ice Sessions Wednesdays, Nov. 9 – Dec. 14
Ages 6– 10 and cannot have registered
previously with a minor hockey association

You can register online – Cost: \$199

<https://event.hockeycanada.ca/EMS/Event.aspx?eid=07124f7a-62b3-4f03-9091-51dc7983a687&lang=en-US>

Limited to 45 participants

Community Badminton

Community Badminton for Middle Years and
Senior Years starts Sunday, October 2 at
7:30 pm at Souris School Subject to
school availability. Bring your own racquet.

Community Pickleball

Tuesdays and Thursdays, 8:00 pm
Starts September 20, Cost \$2
Souris School
Subject to School availability

Older Active Adult

Tuesdays, October 4 – November 22
10:00 am – 10:30 am
Souris & Glenwood Community Hall
Drop Ins Welcome Cost: \$1

Fit Kids Fun

Thursdays, Nov. 3, 17, 24 Dec. 1, 8
10:00 am – 10:45 am
Souris & Glenwood Community Hall
Drop Ins Welcome Cost: \$1

Kids Recreational Hockey

Saturdays 8:00 am and 9:00 am
Two separate age groups
November 5 – March 18
No rec hockey February 4, 11

CAMPBELLS "LABELS FOR EDUCATION"

Souris School started saving labels in the fall of 1999. Thank you to everyone who clips and saves those labels and UPC codes. Collections bins are at the School and Bigway. Any Campbell soup products/ Goldfish crackers/ V8 /V8 Splash and Fusion and V8 soups /Pace Salsa /Garden of Eatin' /Habitant /Prego sauce are the labels/UPC that can be collected.

If interested, you can go to www.labelsforeducation.ca for more information on this program. THANK YOU for your support and keep those labels coming.

NO DIRT BIKES AND ATV'S

Dirt Bikes and ATV's are not allowed to be on school property at any time. Anyone in violation of this will be reported to the police.

Reminder – Please remember that the plastic cutlery/plates are not for the taking unless you order food from the canteen. Mrs. Wurtz orders just enough for her orders and is running out on some days. They do come at a cost to her, so if you absolutely cannot do without, please talk to Mrs. Wurtz to see if she has extras and offer her 5 cents.

LORRAINE'S LUNCHES

| | |
|--------------------------------------|------|
| Daily Soup & 1 pkg. crackers | 4.00 |
| Hot Dog | 3.00 |
| Hamburger | 4.50 |
| Cheeseburger | 5.00 |
| Pizza Pops | 2.00 |
| Sandwiches: Ham, Chicken, Cheese | 4.50 |
| Caesar Salad with 1 Dressing | 5.00 |
| Chicken Caesar Salad with 1 Dressing | 6.00 |
| Chicken Wraps – with 1 Dressing | 6.00 |
| Extra crackers/dressing | 25 |
| Snacks | |
| Veggie Bag & Dip | 2.00 |
| Old Dutch Chips | 1.25 |
| Hot Rod | 1.25 |

| | |
|--------------------------------|------|
| Beef Jerky | 2.50 |
| Rice Krispie/Puffed Wheat Cake | 1.30 |
| Donuts/Apple Fritters | 1.25 |
| Cookies | .75 |
| Muffins | 1.25 |

Drinks

| | |
|----------------------------------|------|
| Apple/Orange Juice 300 ml bottle | 1.50 |
| White or Chocolate Milk sm | 1.50 |
| lg | 2.50 |

Daily Specials

Week 1

| | |
|-----------|----------------------|
| Monday | Chicken Burger - \$6 |
| Tuesday | Taco In A Bag-\$6 |
| Wednesday | Perogies-\$5 |
| Thursday | Pork on a Bun-\$6 |
| Friday | Pizza-\$6 |

Week 2

| | |
|-----------|----------------------------------|
| Monday | Grilled Cheese with 1 Cookie-\$5 |
| Tuesday | Taco In A Bag-\$6 |
| Wednesday | Mac/Cheese -\$5 |
| Thursday | Chili Bun-\$6 |
| Friday | Pizza-\$6 |

Week 3

| | |
|-----------|--------------------|
| Monday | Chicken Burger-\$6 |
| Tuesday | Taco in a Bag-\$6 |
| Wednesday | Perogies-\$5 |
| Thursday | Lasagna-\$6 |
| Friday | Pizza-\$6 |

Week 4

| | |
|-----------|-----------------------------|
| Monday | Grilled Cheese & Cookie-\$5 |
| Tuesday | Taco in a Bag-\$6 |
| Wednesday | Mac/Cheese-\$5 |
| Thursday | Chili & Bun-\$6 |
| Friday | Pizza-\$6 |

If you have any suggestions or ideas for menu items please contact Lorraine at:
lorriwurtz@gmail.com Menu subject to change.

Have

A

*Warm & Dry
(Hopefully)*

Weekend!

